**John Paul II Catholic High School**
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# *Guidelines for Required Service Hours 2010--2011*

**Before beginning your service requirement, it is important to note that many colleges look to see where you have dedicated your time of service and why you are interested in that particular outreach. This reflects commitment and responsibility that serves as an example attesting to a person's character. Therefore, to assist you in choosing your area of service, we are inviting you to focus your service hours on a particular area of concentration such as service to youth, school, community, arts/culture, senior citizens, charitable groups, and environmental groups. When school commences, you will meet with your religion teacher to discuss and to set your area of concentration.**

Remember ---- service is helping others in need, it is free and involves working with people in your church, school, and in your community. Service is NOT done for your immediate family – helping your family is your responsibility as a member of the family and not to be considered service.

## GUIDELINES FOR SERVICE

Service is based on the spiritual and corporal works of mercy and, most of all, on the example of Christ who came to serve. When giving service, the following points should be considered:

- Your service is not just a job to be done. It is selflessly and lovingly helping those in need.
- You should reflect on how your service project is helping you take on the mind and heart of Christ, fulfill the needs of others, and build up the Christian community.
- The giving of service should continue all through your life.
- Read through the activities below. You may wish to check one you could do, make up one of your own, or do one of the projects suggested in your religion class.

**List of possible service opportunities:**

American Red Cross
Association for Retarded Citizens
Angel's Attic
Big Bend Cares
Big Brothers/Big Sisters
Big Bend Hospice
Catholic Social Services
Christmas Connection
Elder Care Services
Florida Park Service
Florida Tax Watch
Florida Trust for Hispanic Preservation
Goodwill Industries
Grace Mission
Habitat for Humanity
Helping Every Little Person
Kids Incorporated
LeMoyne Art Foundation
Leon County Board of County Commissioners
Leon County Human Services
Leon County Public Library
Leon Reads
Literacy Volunteers Leon County
Mary Brogan Museum of Art and Sciences
Mission Trips
Open Door Women's Clinic
Phi Center
Relay for Life
Religious Education Programs
Ronald McDonald House
Salvation Army
SCALES Teen Court
The Shelter
Second Harvest Food Bank
St. Vincent de Paul Society
Tallahassee Bid Dog Rescue
Tallahassee Fire Department
TLH –Leon County Community Animal Service Center
Tallahassee Little Theater
Tallahassee Museum of Natural History
Tallahassee Parks and Recreation
Tutoring
United Way
US Park Services
YMCA

**EXAMPLES THAT ARE NOT APPROPRIATE FOR REQUIRED SERVICE HOURS:**

Babysitting for friends, neighbors, or family; helping grandparents with a household move; helping out in the family business; altar serving, lector, church choir; being a manager of one of the school's athletic teams; donating blood to the local area blood bank.

**PLEASE NOTE DATES DUE**:

1. **Half** of the student hours are due **Wednesday, January 5th, 2011.** Hours turned in late are docked 5 points off each day late. This would be the service hour sheet only, NOT the reflection paper.

2. The **remainder** of the service hours **AND** the typed reflection paper are due **Wednesday, May 18, 2011.** The **exception** would be for those participating in Relay for Life, then those hours and paper are due the Monday immediately after Relay for Life.

**Required minimum service hours: (Students are encouraged to go above and beyond the minimum service hours for their grade level. Jesus teaches us that "whatsoever you do to the least of my brothers and sisters, you do to me." (Mt 25:40)**

**Freshman 10 hours**
**Sophomores 20 hours**
**Juniors 30 hours**
**Seniors 40 hours**

**Please see service hour form to keep track of date, time, place, and supervisor's signature.**

**Revised June 1. 2010**